

CHANGED:

Right Thoughts

Sunday, July 2, 2017

Speaker: Dan Allen

Romans 12:2a (NLT) - Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.

Why must I manage my mind?

1. Because it's the key to doing _____

Romans 12:2 (NLT) - Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

2. Because my thoughts _____

Proverbs 4:23 (NLT) - Guard your heart above all else, for it determines the course of your life.

Romans 8:5 (NLT) - Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.

_____ → Negative → Unwise → Devastating
_____ → Emotions → Behaviour → Consequences

_____ → Positive → Wise → Good
_____ → Emotions → Behaviour → Consequences

How do I change the way I think?

1. I capture _____ thoughts

2 Corinthians 10:3 (NIV) - For though we live in the world, we do not wage war as the world does.

Vs. 4-5 - The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2. I fix my thoughts _____

V. 5—We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Hebrews 12:1b—2a (NIV) - “And let us run with perseverance the race marked out for us, fixing our eyes on Jesus the pioneer and perfecter of faith.”

2 Corinthians 4:18 (NIV) - “So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”

Philippians 4:8b—“Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.”

Ways to think right thoughts:

1. _____ and _____ on scriptures (3x5 cards)

2. Use _____

3. Listen to _____

4. Take _____ in nature